

Sample Menu



Monday – Saturday

Lunch

11:30am to 1:00pm

Dinner

4:30pm to 6:30pm

Sunday Brunch

11:30am to 1:30pm

Our chefs are constantly introducing new menus for our residents. Below is a sampling of menu items our residents enjoy daily.

Heart Healthy Options

This heart healthy symbol indicates a low fat, low cholesterol and low sodium item.

SOUP

 **Beef Noodle**

Cheddar Ale

Chicken Tortilla

 **Corn Chowder**

 **French Onion**

Turkey Gumbo

Sausage and Cabbage

 **Sweet Potato Bisque**

White Chicken Chili

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SANDWICHES

Sandwiches served on your choice of Rye, Wheat, White Bread or a Wrap

Smoked Ham

Slices of smoked Ham layered on choice of Bread, topped with Lettuce, Tomato and Dijon Mustard served with Coleslaw, Chips and a Pickle

Roasted Turkey

Slices of moist roasted Turkey Breast layered on choice of Bread, topped with Lettuce, Tomato, Mayonnaise and Deli Mustard served with Coleslaw, Chips and a Pickle

BLT

Generous portions of Bacon layered on choice of Bread, topped with Lettuce, Tomato and Mayonnaise served with Coleslaw, Chips and a Pickle

SALADS

Dressings: Blue Cheese, Balsamic Vinaigrette, Raspberry Vinaigrette, French, Honey Mustard, Italian, Lite Italian, Ranch

House Garden Salad

Fresh Garden Greens served with choice of Dressing

Classic

Mixed Greens topped with Cucumbers, Onions, Tomatoes and Carrots served with choice of Dressing

Iceberg Wedge

Crispy wedge of Iceberg Lettuce topped with Bacon pieces and Grape Tomatoes served with choice of Dressing

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ACCOMPANIMENTS

- ♥ Baked Potato
- Buttered Asparagus
- Buttered Brussel Sprouts
- Coleslaw
- ♥ Cottage Cheese
- French Fries
- ♥ Fruit du Jour (Peaches, Pears)
- ♥ Peas and Pearls
- Pickled Beet Salad
- Mashed Potatoes
- Mashed Root Vegetables
- ♥ Pasta Salad
- Risotto
- ♥ Sautéed Baby Carrots
- ♥ Sautéed Zucchini
- ♥ Steamed Broccoli
- ♥ Steamed Green Beans
- Sweet Potato
- ♥ Wild Rice Blend

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FROM THE GRILL

All grill options are served on your choice of White or Wheat Bun with two Sides and a Pickle

Town Center Burger

Juicy quarter pound Ground Beef patty cooked to order topped with Lettuce, Tomato, Onion, Mayonnaise and Deli Mustard

Bacon Cheeseburger

Juicy quarter pound Ground Beef patty cooked to order topped with thick-cut smoked Bacon, melted Cheddar Cheese, Lettuce, Tomato, Onion, Mayonnaise and Deli Mustard

Hot Dog

All American Beef Hot Dog grilled to perfection topped with Deli Mustard, Ketchup and Relish

Veggie Burger

Veggie patty cooked to order topped with Lettuce, Tomato, Onion, Mayonnaise and Deli Mustard

Grilled Chicken Breast

Marinated grilled Chicken Breast topped with melted Mozzarella Cheese, Lettuce, Tomato, Onion, Mayonnaise and Mustard

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FEATURED ENTRÉES

Prime Rib

Slow roasted Certified Angus Prime Rib of Beef served with hot Au Jus and creamy Horseradish Sauce

Meat Loaf

Traditional Meatloaf with a blend of seasonings



Baked Fish

Baked filet of Tilapia lightly seasoned then oven baked

Eggplant Parmesan

Two lightly breaded slices of fresh Eggplant topped with Marinara Sauce and Mozzarella Cheese then oven baked

Chicken and Dumplings

Fluffy herb-flecked Dumplings, tender Vegetables and rich dark-meat Chicken combine in this soul-satisfying classic

Polish Sausage

Polish Sausage cooked to perfection served with Sauerkraut

BBQ Ribs

Pork Ribs slathered in BBQ Sauce and grilled

Chicken Stir Fry

Tender pieces of Chicken Breast cooked with chefs medley of Vegetables served over Brown Rice

Maple Glazed Ham

Slow roasted Ham seasoned with a Maple and Brown Sugar Glaze

Liver and Onions

Seasoned Livers pan cooked until golden brown then combined with sautéed Onions

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DESSERTS

Pies & Cobblers

Apple Pie, Banana Cream Pie, Chocolate Pie, Peanut Butter Pie, Peach Cobbler

Cakes

Apple Cake, Carrot Cake

Other Sweet Treats

Cookie of the Day, Ice Cream, Low Fat Chocolate Yogurt, Sherbet, Fresh Whole Fruit, Jell-O, Rice Pudding, Caramel Bread Pudding