

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED		9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves-Strength & Balance 11:00 Daily Devotions & Reflections 4:30 Mandala Relaxation 6:30 Musical Stretch	9:30 Name That Tune 10:00 This Day in History 10:30 Positive Moves-Cardio Music 11:00 Daily Devotions & Reflections 11:15 Pastry Baking 6:30 Puzzles & Brain Teasers	9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves-Strength & Balance 11:00 Daily Devotions & Reflections 4:30 Mandala Relaxation 6:30 Name That....?	9:30 Name That Tune 10:00 This Day in History 10:30 Positive Moves-Yoga Flow 11:00 Daily Devotions & Reflections 11:45 Walking Club-WU 3:00 Therapy Pet Visits with Reilly	9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves: Strength & Balance 11:00 Daily Devotions 4:30 Mandala Relaxation 6:30 Sing-a-long	9:30 Classic TV Time 10:00 This Day in History 11:00 Manicures 4:00 Chair Stretches 6:30 Card Party
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Daily Schedule: 7:30 Good Morning! 8:30 Breakfast 12:30 Lunch 1:30 Individual Programs 4:30 Personal Connections 5:30 Dinner	<u>June Monthly Theme</u> National Smile Week Friendship Day Family Reunion Day Relaxation Day National Aviation Day Women's Equality Day	12:00 Price is Right & Pastries 2:00 Watercolor Art 3:00 Literature in the Courtyard 4:00 Summer Vacation Reminisces	11:30 Sing & Reminisce with Pat Roach 12:00 Hydration Station 2:00 DIY Cool Summer Treats 3:00 Summer Travel Video 4:00 Positive Quotes Share	2:00 Praise, Worship & Fellowship-WU 3:00 Musical Thursday Movie: <i>Chicago</i> 4:30 A-Z Game Girls' Names 6:30 Resident's TV Choice	11:15 Birthday Baking 12:00 Strolling in the Courtyard 2:00 Artsy Paper Fans 3:00 Fruit Themed Happy Hour & August Birthday Party 4:00 Community Clean Up	10:30 Chair Volleyball 12:00 Hand Massages 2:00 Saturday Movie Matinee: <i>Return To Me</i> 3:00 Classic Cars of the 1900s 4:30 Novel Idea	
11:00 Best Friends Reminisce 12:00 Fun & Easy Card Games 2:00 Keepsake Photos Share 3:00 Make a Card for a Friend 4:00 Prayers for Summer 4:30 March to Music Friendship Day	11:30 Natural Dog Treats for Riley 12:00 UNO Card Game 2:00 Great American Adventure Discussion 3:00 Afternoon BINGO 4:00 Favorite Talk Shows	11:30 Baking with Cinnamon-WU 12:00 Importance of Being Happy 2:00 Get To Know Your Neighbor 3:00 Manicure and Cuticle Care 4:00 Parachute Workout	11:30 Favorite Travel Destination 12:00 Lunch Outing: Ten Ten (O) 1:45 Twentieth Century Timeline-WU 3:00 Smiling Exercises 4:00 Entertainment Today	2:00 Vegetable Gardening Like A Pro-WU 3:00 Painting on Foil 4:00 Wine and Olives 6:45 Music with Gretchen	12:00 Making a Garden's Scrapbook 2:00 Island Mocktails 3:00 Family Memories 4:00 Friday Movie: <i>The Space Between Us</i> Family Reunion Day	10:30 Twist and Shout: Colors 12:00 Sensory Box: <i>Baby Theme</i> 2:00 Group Crosswords 3:00 Sugar Cookies & Tea Social 4:00 Ball Toss 4:30 Saturday Movie: <i>The Pink Panther Strikes Again</i>	
11:00 Did You Know? 12:00 Inspirational Passages 2:00 Beaches Around The World Slideshow 3:00 Gospel Karaoke 4:00 Tips For Relaxing Your Mind	11:15 DIY Peach Dumplings 12:00 What's Up on Channel 3? 2:00 Current Events 3:00 Rock Photo Holders 4:00 Thomas Kinkade Slideshow	11:30 Relaxing Skin Care Routines 12:00 Memories & Tea 2:00 Brainstorm Favorite Relaxing Activities 3:00 Fruit Punch Break 4:00 Streamer Flow Dancing Relaxation Day	10:00 Music with Jerry 12:00 American Artist Review 2:00 Sunset Painting 3:30 Movie Classic & Reminiscing	12:00 Nature Observation 2:00 Praise, Worship & Fellowship-WU 3:00 August Journal Prompt 4:00 Tappin' to the Beat 6:30 Resident's TV Choice	12:00 Bottle Ring Toss 2:30 Plainwell Ice Cream Ride (O) 3:30 Movie: <i>Splash!</i> 5:00 Color Match-Up	10:30 Gretchen's Music with Munchkins-WU (A) 12:00 Card Games 2:00 Famous Aviators 3:30 Popcorn Party & Movie: The Aviator National Aviation Day	
11:00 Sunday BINGO 12:00 Puzzles & Tea 2:00 Chicken Noodle Soup For The Soul Read 3:00 A-Z Game: Boys' Names 4:00 Classical TV Shows	11:15 Making a Goody Basket for the SPCA 12:00 Word Games 2:00 Wolf Lake Fish Hatchery (O) 3:30 Fruit & Veggie Snacks 4:00 Community Clean Up	12:00 Yahtzee 2:00 Lemonade & Limericks 3:00 Wii Bowling 4:00 Peach Pie & Summer Treats Reminiscing	11:15 Oil & H2O Experiment 12:00 Now and Then 1:45 Twentieth Century Timeline-WU 3:00 Movie Musical: <i>Guys & Dolls</i> 4:00 Chair Yoga	11:30 Watercolor Flow-WU 2:00 Chair Zumba!-WU 2:30 Refreshing Hot Weather Drinks-WU 3:00 Hangman 6:45 Music with Gretchen	12:00 Board Games 2:00 Sparkling Peach Sangria 3:00 Hawaiian Lau Happy Hour 4:00 Fun Facts About Hawaii 4:30 Chair Hula Dancing	10:30 Table Shuffleboard 12:00 History of Women's Voting 2:00 Famous First Ladies 3:00 Cracker Snacks 4:00 Elizabeth Taylor Classic Movies Women's Equality Day	
11:00 Hymn Sing 12:00 Noon Affirmations 2:00 Finish That Saying... 3:00 Easy Listening 4:00 Trail Mixes & Nutty Facts	11:15 Baking Peach Crisp 12:00 Price is Right 2:00 Roll The Dice, Break The Ice Game 3:00 Music with Fred Walker (LC) 4:00 Sushi, Green Tea & Facts About Japan	12:00 Game Shows 2:00 DIY Ocean Sensory Bag 3:00 Kawasaki Origami Roses 4:00 Tabletop Tap Dancing 4:30 The Creation of The Airplane	11:15 Science Today 12:00 Cheesecake Bites 2:00 Health Talk: Staying Hydrated 3:00 Newspaper Jellyfish 4:00 End of August Reflect	12:00 Current Events 2:00 Simple Cardio 3:00 Anti-Gravity Galaxy in a Bottle 4:00 Galaxy Trivia	WU- Watermark University (O)- Outings	Podiatrist Wednesday, August 23 beginning at 8:00 a.m. Town Center Activity Room Call 382-3546 for appointment	
Hearing Clinic Tuesday, August 1 2:00-4:00pm Town Center Den Call 382-3546 for appointment	Low Vision Support Group Monday, August 28 10:30 a.m. Town Center Games Room Call Sarita to arrange to attend	AUGUST 2017 <i>The Gardens</i>		ACTIVITY LOCATOR KEY Gardens calendar events will take place in the Gardens, in one of the common areas, unless otherwise specified.			