

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	9:30 Coffee and News 10:00 This Day in History 10:15 Positive Moves-Strength & Balance 10:45 Daily Devotions 12:00 Who Am I? 4:30 Mandala Relaxation 6:30 Evening Musical Stretch	9:30 Name That Tune 10:00 This Day in History 10:15 Positive Moves-Cardio 10:45 Daily Devotions & 11:15 Pastry Baking 12:00 Trivia Challenge 6:30 Puzzles & Brain Teasers	9:30 Coffee and News 10:00 This Day in History 10:15 Positive Moves-Strength & Balance 10:45 Daily Devotions 12:00 Finish that.... 4:30 Mandala Relaxation 6:30 Name That?	9:30 Name That Tune 10:00 This Day in History 10:15 Positive Moves-Yoga Flow 10:45 Daily Devotions 11:15 Walking Club-WU 12:00 Trivia Challenge 3:00 Therapy Pet Visits with Reilly	9:30 Coffee and News 10:00 This Day in History 10:15 Positive Moves: Strength & Balance 10:45 Daily Devotions 12:00 Fascinating Facts 4:30 Mandala Relaxation 6:30 Sing-a-long	9:30 Classic TV Time 10:00 This Day in History 10:15 Cookie Baking 11:00 Manicures & Puzzles 12:00 A-Z Game 4:00 Stretch to Music 6:30 Card Party
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Daily Schedule: 7:30 Good Morning! 8:30 Breakfast 12:30 Lunch 1:30 Individual Programs 4:30 Personal Connections 5:30 Dinner	September Monthly Theme -National Assisted Living Week -National Dogs Week -National Active Aging Week -Apple Season -National Housekeepers' and Laundry Workers' Weeks	Hearing Clinic <i>Tuesday, September 5</i> 2:00-4:00pm Town Center Den Call 382-3546 for appointment	Podiatrist <i>Wednesday, September 27</i> beginning at 8:00 a.m. Town Center Activity Room Call 382-3546 for appointment	Low Vision Support Group <i>Monday, September 25</i> 10:30 a.m. Town Center Games Room <i>Call Sarita to arrange to attend</i>	11:15 Puzzles 12:00 Personal Connection 2:00 Gifts for Housekeepers and Laundry Workers 3:00 Back to School Trivia 4:00 September 1st Happy Hour in the Courtyard 1	2:00 Saturday Movie Matinee: <i>What About Bob?</i> 3:00 Global Events Discussion 4:30 Mandala Coloring 2
11:00 Reviewing Football Schedules, & Throwback Games on TV 2:00 Easy Listening & Magazines 3:00 Ball Toss 4:00 Afternoon Hymn Sing 3	11:15 September Table Decorations 2:00 Afternoon BINGO 3:00 The History of Labor Day 4:00 Career Stories Swap and Apple Pie Social Labor Day 4	11:15 Cinnamon Coffee Cake 2:00 Virtual Tour: <i>Fall in New England</i> 3:00 Watercolor Art 4:00 Don't Drop the Baby Game 5:00 Hum that tune 5	11:30 Sing & Reminisce with Pat Roach 2:00 Updating Photos in the Den 3:00 Apple Orchards Around Michigan 3:30 Apple Slices & Dip 4:00 Armchair Travel: <i>Yosemite</i> 6	2:00 Cooking Club: Apple Salsa 3:00 Apple Facts and Jokes 4:00 Thursday Movie Musical: <i>Seven Brides for Seven Brothers</i> 7	11:15 Friday BINGO 2:00 Make an Apple Wreath 3:30 Hangman: Fall Theme 4:00 Community Clean Up 8	1:00 College Football: MSU vs. WMU 2:00 Theodore Roosevelt & The Teddy Bear Creation 3:00 Teddy Bear Collection Slideshow 4:30 Tea & Relaxation Teddy Bear Day 9
11:00 The Best Thing About Being a Grandparent 1:00 NFL Football: Lions vs. Cardinals & Tailgate Party 3:30 Grandparents' Day Photo Brag 7:00 Evening Movie: <i>Heidi</i> National Assisted Living Week! 10	11:15 Favorite Burger Spots 12:00 Lunch Outing: Red Robin (O) 2:00 New York Now & Then 3:00 Family Tree Projects 4:00 Patriotic Sing Music & Shared Service Memories Patriot Day/ 9-11 Remembrance 11	11:30 Seasonal Samplings-WU 2:00 Inspiring Words from Maya Angelou 3:00 Board Games 4:00 "Guess Who" Family Photos 12	11:15 Card Fun 1:45 20th Century Timeline-WU 3:00 Stretching to the Oldies 4:00 About My Family Beach Ball Toss 4:45 Positive Thinking Quotes Positive Thinking Day 13	2:00 Praise, Worship & Fellowship-WU 3:00 Family Pets Story Share 4:00 Strolling in the Courtyard 6:45 Music with Gretchen Plus Cider & Donuts Family Night! 14	11:15 Brainteasers & Cocoa 2:00 DIY Family Photo Frames 3:00 Fall Poetry & Gardens Family Portrait 3:45 Fountains Family Fiesta! 15	10:30 Gretchen's Music with Munchkins-WU (A) 11:30 History Channel's Mayflower Facts & Summary 2:00 Afternoon Crafting 3:00 Cookies & Tea Mayflower Day 16
11:00 Scarecrow Decorations 2:00 History & Discussion of the Piano 3:00 Wine & Classical Music 4:00 Easy Breathing Techniques 17	11:15 Baking Dog Treats for our Furry Friends 2:00 Short Stories for Discussion-WU 3:30 Learn More About the SPCA 4:00 Thomas Kinkade Slideshow & Discussion of American Art 18	11:15 Fresh Baked Apple Bread 2:00 Cute Puppy Videos 3:00 That's Pun-ny 4:00 Mindful Listening 19	10:00 Music with Jerry 11:30 End of Summer Country Buffet & Jamboree (UC) 2:00 Homemade Clay Artworks-WU 3:30 History of the Broadway Musical-WU 20	2:00 Chair Zumba!-WU 3:00 Peaceful Moments 3:30 History of the Broadway Musical: Showboat -WU International Day of Peace 21	11:00 Birthday Baking 2:00 Guess What's In The Box? 3:00 September Birthday Party & Happy Hour 4:00 Top Rated Amusement Parks First Day of Fall 22	2:00 Saturday BINGO 3:00 Saturday Movie Matinee: <i>One Fine Day</i> 4:30 College Football: UM vs. Purdue 23
11:00 Group Word Search 1:00 NFL Football: <i>Lions vs. Falcons</i> 2:00 Colors of Fall Tree 3:00 Camping Memories & S'mores Bars 4:00 Gospel Songs & Punch 24	10:30 Low Vision Support Group (GR) 11:15 Weather Science 1:30 Spiritual Moments-WU 2:30 Fall Courtyard Stroll 3:30 Dominoes Challenge National Active Aging Week 25	11:15 Apple Crescents 2:00 What am I? Charades 3:00 Paint to Music 4:00 Name the 50 States 26	11:15 Uno Tournament 1:45 20th Century Timeline-WU 3:00 Twister Landmarks Game 4:00 Samuel Adams Birthday Toast 27	2:00 Praise, Worship & Fellowship-WU 3:00 Power Food: <i>Apples</i> 4:00 Table Top Tap Dancing Hands 6:45 Music with Gretchen 28	11:15 Qwirkle 2:00 Trip to VerHage's Farm (O) 4:00 Johnny Appleseed Fun Facts & Appletini Mock-tail Happy Hour 29	2:00 Showtune Sunday with Matt Richardson (LC) 3:00 Movie Matinee: <i>Rudy</i> 4:00 Sorting & Tidying Up 30

WU- Watermark University (O)- Outings	<h1>SEPTEMBER 2017</h1> <i>The Gardens</i>	ACTIVITY LOCATOR KEY Gardens calendar events will take place in the Gardens, in one of the common areas, unless otherwise specified.	(A) Auditorium - Town Center (GC) Gardens Courtyard (GR) Games Room - Town Center (LC) Lower Courtyard - Town Center (TCA) Town Center Activity Room
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