

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves 11:00 Daily Devotions 12:00 Who Am I? 4:30 Mandala Relaxation & Music 6:30 Evening Stretch & Sip	9:30 Finish That Phrase 10:00 This Day in History 10:30 Positive Moves 11:00 Daily Devotions 12:00 Trivia Challenge 6:30 Puzzles & Brain Teasers	9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves 11:00 Daily Devotions 12:00 Jokes & Horoscopes 4:30 Mandala Relaxation 6:30 Name That....?	9:30 Name That Tune 10:30 Positive Moves 11:00 Daily Devotions 11:35 Winter Walking Club-WU 12:00 Trivia Challenge 3:00 Therapy Pet Visits with Reilly 6:30 Resident's TV Choice	9:30 Coffee and News 10:00 This Day in History 10:30 Positive Moves 11:00 Daily Devotions 12:00 Fascinating Facts 4:30 Mandala Relaxation 6:30 Sing-a-long	9:30 Classic TV Time 10:00 Winter Facts & Trivia 11:00 Manicures 12:00 A-Z Game 4:00 Chair Stretches 6:30 Card Party
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Daily Schedule: 7:30 Good Morning! 8:30 Breakfast 12:30 Lunch 1:30 Individual Programs 4:30 Personal Connections 5:30 Dinner	<u>February Monthly Themes</u> Valentine's Day American Heart Month Black History Month Fat Tuesday National Caregivers Day The Winter Olympics	Catholic Mass with Fr. Vinh Le Thursday, February 8 at 10:00 a.m. - Meditation Room		2:00 Romance Theme Table Decorations 3:00 Favorite Romance Poems 3:30 Easy Chair Yoga Session 4:15 Historic NFL Highlights	11:30 Winter/Spring DIY Crafts-WU 2:00 Red Velvet Cupcakes Bake 3:00 Red Punch Happy Hour 4:00 American Heart Health Talk Wear red for Women's Heart Health Day!	2:00 Carrot Cake & Hot Beverage Social 3:00 Saturday Movie Matinee: <i>The Butler</i> 4:30 Coffee Break & Puzzles
11:00 Decorate for Superbowl Sunday 2:00 Sunday Devotions 3:00 Easy Listening & Valentine's Word Find 4:00 Football Trivia 6:30 Super Bowl Party!	11:15 BINGO 2:00 Manicures & Nail Art 3:00 Classic Romance Songs Sing-a-long 4:00 Puzzles & Punch	11:00 Making Jello Treats 2:00 Famous Olympic Champions 3:00 Romance Novel Read Aloud & Jello Treats 4:00 Favorite TV Couples	11:30 Sing & Reminisce with Pat Roach 12:00 Lunch Outing: Olive Garden 2:00 Cooking Club: Savory Snacks 3:00 Wine & Savory Snack Social 4:00 The History of The Olympics	11:00 Simple Stained Glass Projects-WU 2:00 Praise, Worship & Fellowship - WU 3:00 February Trivia 4:00 Hot Beverages & Garage Stories 6:45 Music with Gretchen	11:30 Winter/Spring DIY Crafts-WU 2:00 Candy BINGO 3:00 Love Songs Happy Hour 4:00 Sweetest Colors 8:00 Winter Olympics Opening Ceremonies	12:00 First Love Reminisce 2:00 Heart Shaped Cookie Baking & Decorating 3:00 Romance Film: <i>The Notebook</i> 4:30 Brain Games
11:00 Famous Modern Inventors 2:00 Peppermint Patties & Short Stories 2:15 <i>Tchaikovsky Discovers America at Chenery Auditorium (O)</i> 3:00 Wii Games Winter Olympics all day on TV	11:30 Who was Saint Valentine? 2:00 Making Thank You Cards & Mini Treat Bags for Caregivers 3:00 Puzzle Heart Homemade Valentine Craft	11:00 Bake a King Cake 2:00 Making & Valentine's Yarn Cards 3:00 Mardi Gras Party! 4:00 History of Fat Tuesday	11:00 Fun Facts about Cupid 2:00 Valentine's Day Social 3:00 Valentine's Day Romance Film: <i>The Great Gatsby</i> Valentine's Day	2:00 Tortellini Recipe & Tasting 3:00 Organizing the Kitchen 4:00 Famous Couples Matching Game	11:30 Winter/Spring DIY Crafts-WU 2:00 The Gardens Olympic Games 3:30 "Thank you, Caregivers!" Social 4:00 Armchair Travel: Paris National Caregivers Day	10:30 Gretchen's Music with the Munchkins-WU (A) 2:00 Sweetest Treats Recipe Share 3:00 Cherry Cheesecake Social 3:30 Saturday Afternoon Movie: <i>You've Got Mail</i> 4:30 Classical Music Break
11:00 Napkin/Laundry Folding 2:00 Friendship Bracelets 3:00 Throwback to the 50s Songs 4:00 Walk to see the <i>Remember Me When....?</i> Exhibit in the Art Gallery Winter Olympics all day on TV	11:15 Favorite Things about You Ball Toss 2:00 Winter Ride & 1/2 Price Shakes at Steak & Shake (O) 3:00 Overcoming Slavery in the USA	11:15 Historical African Americans that Shaped our Country 2:00 DIY Love Bird Candy House 3:00 Reminiscing our Family Pets 4:00 Peppermint Hot Cocoa & Fireside Chat	10:00 Music with Jerry 11:30 Price is Right & Pastries 2:00 Seated Tai Chi-WU 3:00 Chips & Dips & Jokes 4:00 Meet the Artist-WU	2:00 Praise, Worship & Fellowship-WU 3:00 Chair Zumba! 4:00 Healthy Food: Fresh Fruit 6:45 Music with Gretchen	11:30 Winter/Spring DIY Crafts-WU 2:00 Baking Banana Bread 3:00 Music with Chris Sloan (A) 4:00 Banana Bread & Happy Hour	2:00 Afternoon Art Session 3:00 Name That Musical Instrument 4:30 Play Along with the music 7:00 Saturday Night Movie Classic: <i>A Farewell to Arms</i>
11:00 Wild Animals Video 2:00 Jokes & Horoscope 3:00 Art & Music 4:00 Card Games Olympics & Closing Ceremonies	10:30 Low Vision Support Group (GR) 11:15 Classic Fairy Tales 2:00 Lemon Garlic Chicken Skewers Cooking Session 3:00 Movie: <i>Beauty and the Beast</i>	11:15 Strawberry "Brownies" Baking 2:00 Career Highlights: Fruit Farmers 3:00 Fresh Floral Arranging 4:00 Favorite Talk Shows	11:15 Chase Away the Winter Blues Joke Share 2:00 Easy DIY Geometric Décor 3:00 That's Pun-ny 4:00 Classical TV Shows	WU- Watermark University (O)- Outings	Hearing Clinic Tuesday, February 6 2:00-4:00pm Town Center Den Call 382-3546 for appointment	Podiatrist Wednesday, February 28 beginning at 8:00 a.m. Town Center Activity Room Call 382-3546 for appointment

Low Vision Support Group
 Monday, February 26
 10:30 a.m.
 Town Center Games Room

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FEBRUARY 2018

The Gardens

ACTIVITY LOCATOR KEY
 Gardens calendar events will take place in the Gardens, in one of the common areas, unless otherwise specified.

(TCA) Town Center Activity Room
 (LC) Lower Courtyard
 (GC) Gardens Courtyard
 (A) Auditorium
 (GR) Town Center Game Room