

<b>ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED</b>	9:30 Coffee and News 10:00 Daily Devotions 10:30 Positive Moves 5:00 Nightly News 6:45 Armchair Travel	<i>Medical Appointment</i> <i>Transportation</i> 9:30 Coffee & Brain Training 10:00 Daily Devotions 10:30 Positive Moves 5:00 Nightly News 6:45 Old Time Radio	9:30 Coffee and News 10:00 Daily Devotions 10:30 Positive Moves 5:00 Nightly News 6:45 Wii Bowling	<i>Medical Appointment</i> <i>Transportation</i> 9:30 Coffee & Brain Training 10:00 Daily Devotions 10:30 Positive Moves 5:00 Nightly News 6:45 Name That Tune	9:30 Coffee and News 10:00 Daily Devotions 10:30 Positive Moves 5:00 Nightly News	9:30 Coffee & News 10:00 Seasonal Facts & Trivia 11:00 Hand Massages & Manicures 4:30 Finish the Phrase 5:00 Choice of TV Programming 6:45 Evening Movie
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<b>Daily Schedule:</b> <b>7:30 Good Morning!</b> <b>8:30 Breakfast</b> <b>12:30 Lunch</b> <b>1:30 Individual Programs</b> <b>3:30 Personal Connections</b> <b>5:30 Dinner</b>	<u><b>Catholic Services</b></u> <i>2/14</i> 10:00 a.m. <u><b>Non Denominational Services</b></u> <i>2/6 &amp; 2/20</i> 3:30 p.m.				10:00 Students Visit to Read 11:00 This Day In History 2:30 <b>Crafty Corner-WU</b> 3:30 Mocha & Mingling 4:30 Oldies, but Goodies TV Series <b>National Wear Red Day</b>	2:00 <b>News Currents-WU</b> 3:30 Saturday BINGO 6:45 Saturday Movie: <i>Moonstruck</i>
2:30 Musical Bouquet 3:30 Pretzel & Fruit Dipping in Chocolate 4:30 Discuss Heart Awareness Issues <b>6:30 Super Bowl Viewing Party</b> <i>Super Bowl Sunday</i>	11:00 Pop & Popping Bubble Wrap 2:30 Meet the Artist: Michelangelo 3:30 Trivia 4:30 Word Scramble <b>World Cancer Day</b>	11:00 Conversation Starters (Pair & Share) <b>2:30 Mom's Recipe Shortcuts-WU</b> 3:30 Small Groups (Den & Kitchen) 4:30 Tea for Two (Apartment Visits) <b>6:45 Music with Gretchen</b>	11:00 Documentary 11:30 Music & Reminiscing with Pat Roach <b>2:00 Ride to Grand Traverse Pie Company(O)</b> 2:30 Aroma Therapy 3:30 Cocoa & Conversation 4:30 Yoga breathing	11:00 Bible Trivia <b>2:00 Praise, Worship, &amp; Fellowship-WU</b> 3:30 Zen Coloring 4:30 Stuff and Fold Envelopes	11:00 This Day In History 2:30 <b>Crafty Corner-WU</b> 3:30 Mocha & Mingling 4:30 Oldies, but Goodies TV Series	2:00 <b>News Currents-WU</b> 3:30 Saturday BINGO 6:45 Saturday Movie: <i>The Fugitive</i>
2:30 Continue Manicures and Listen to Your Favorite Tunes <b>3:30 Family &amp; Friends Donuts &amp; Coffee Social</b> 4:30 Peanuts with Pals	11:00 Pop & Popping Bubble Wrap 2:30 Scrap Booking 3:30 Make Friendship Bracelets 4:30 Word Scramble <b>National Friendship Day</b>	11:00 Conversation Starters (Pair & Share) 2:30 Kooking In The Kitchen 3:30 Visit with Kathy & Her Dog 4:30 Tea For Two (Apartment Visits) <b>Lincoln's Birthday</b>	11:00 Documentary <b>1:30 Seated Tai Chi-WU</b> 2:30 Aroma Therapy 3:30 Cocoa & Conversation OR 3:30 Non Denominational Service (A) 4:30 Yoga Breathing	10:00 Catholic Mass (MR) 11:00 Discuss the Origins if Valentine's Day 2:30 Matinee Movie Bagel Bites & Babbling 3:30 Discuss African Heritage 4:30 A-Z Game <b>Valentine's Day</b>	11:00 This Day In History 2:30 <b>Crafty Corner-WU</b> 3:30 Match that Couple 4:30 Oldies, but Goodies TV Series	<b>10:30 Music with Munchkins- WU (A)</b> 2:00 <b>News Currents-WU</b> 3:30 Saturday BINGO 6:45 Saturday Movie: <i>A Week with Marilyn</i>
2:30 Musical Bouquet 3:30 Pretzel & Fruit Dipping in Chocolate 4:30 Muffin of The Month & Magnificence Memories	11:00 Pop & Popping Bubble Wrap 2:30 Recycle Art with Modge Podge 3:30 Trivia 4:30 Word Scramble	11:00 Conversation Starters (Pair & Share) 2:30 Kooking In The Kitchen 3:30 Small Groups (Den & Kitchen) 4:30 Tea For Two (Apartment Visits) <b>6:45 Music with Gretchen</b>	10:00 Music with Jerry <b>12:00 Lunch: Main Street Pub(O)</b> 2:30 Aroma Therapy 3:30 Non Denominational Worship Service (A) 4:30 Yoga Breathing	11:00 Bible Trivia <b>2:00 Praise, Worship, &amp; Fellowship-WU</b> 3:30 Zen Coloring 4:30 Stuff and Fold Envelopes	11:00 This Day In History 2:30 <b>Crafty Corner-WU</b> 3:30 Mocha & Mingling 4:30 Oldies, but Goodies TV Series <b>Washington's Birthday</b>	2:00 <b>News Currents-WU</b> 3:30 Saturday BINGO 6:45 Saturday Movie: <i>Extremely Loud &amp; Incredibly Close</i>
2:30 Continue Manicures and Listen to Your Favorite Tunes 3:30 <b>Families welcome for our February Birthdays Party!</b> 4:30 Peanuts With Pals	11:00 Pop & Popping Bubble Wrap 2:30 Scrap Booking 3:30 Shirley Temple Drinks & Movie 4:30 Word Scramble	11:00 Conversation Starters (Pair & Share) 2:30 Kooking In The Kitchen 3:30 Visit with Kathy & Her Dog 4:30 Tea For Two (Apartment Visits)	11:00 Documentary 2:30 Aroma Therapy 3:30 Cocoa & Conversation 4:30 Yoga Breathing	11:00 Discuss National Geographic Articles 2:30 Matinee Movie or Bagel Bites & Babbling 3:30 4:30 A-Z Game	<u><b>Podiatrist</b></u> <i>2/27</i> Beginning at 8:00 a.m. Town Center Activity Room Call 382-3546 for appointment	<u><b>Hearing Clinic</b></u> <i>2/5</i> 2:00-4:00 pm Town Center Den Call 382-3546 for appointment

<b>WU- Watermark University (O)- Outings</b>	<u><b>Important Phone Numbers</b></u> Sarita Alexander (Program Director) 567-5960  Garden's Nurse - 567-5953	<h1 style="text-align: center;">FEBRUARY 2019</h1> <p style="text-align: center;"><i>The Gardens</i></p>	<b>ACTIVITY LOCATOR KEY</b> <b>Gardens calendar events will take place in the Gardens, in one of the common areas, unless otherwise specified.</b>	(TCA) Town Center Activity Room (LC) Lower Courtyard (GC) Gardens Courtyard (A) Auditorium (GR) Town Center Game Room
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