

<b>ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED</b>	10:00 Sit & Be Fit (L) 10:30 Morning Devotions (L) 11:00 Puzzles, Juice & Reminiscing (L) 5:30 Crafting Hour (A) 7:00 One-On-Ones	10:00 Music & Movement (L) 10:30 Morning Devotions (L) 11:00 Current Events (L) <b>6:30 Reminiscing Club-WU</b>	10:00 Chair Yoga (L) 10:30 Morning Devotions (L) 11:00 Puzzles, Juice & Reminiscing (L) 3:45 Brain Training 5:30 Spanish Life & Culture (A) 7:00 One-On-Ones	10:00 Balloon Volleyball (L) 10:30 Morning Devotions (L) 11:00 This Day in History (L) <b>6:30 Reminiscing Club-WU</b>	10:00 Sit & Be Fit (L) 10:30 Morning Devotions (L) 11:00 Tea & Reminiscing (L) 5:30 Baking Club (A) 7:00 One-On-Ones	10:00 Music & Movement (L) 10:45 Inspirational Readings & Reflection (L) 6:00 Card Games (A)
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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					1:00 Magazines & Manicures (A) 2:00 Aromatherapy (A) <b>3:00 Book Club-WU (A)</b> 4:00 National Bubble Gum Day (A)	<b>1:00 Cookies! Cookies! Cookies! WU (A)</b> 2:00 Groundhog's Day History 3:00 Winter Trivia 4:00 Remember When... (A)
1:00 Hand Massages (A) 2:00 Sunday Devotions (L) 3:00 Create Tailgate Snacks (A) <b>4:00 Super Bowl Tailgate Party (L)</b>  <i>Super Bowl Sunday</i>	<b>11:30 Food Committee (A)</b> 1:00 Wine & Canvas Painting (A) 2:00 Donuts & Reminiscing (A) <b>3:00 Artist Appreciation Hour-WU (A)</b> 4:00 Yahtzee (A)	1:00 Magazines & Manicures (A) <b>2:00 Service Work Committee Meeting (A)</b> 3:00 Celebrate Chinese New Year (A) 4:00 Jeopardy (A)	1:00 Discussion on Queen Elizabeth (A) 2:00 Create and Enjoy Cornbread (A) 3:00 Uno (A) 4:00 Book Club (A)	1:30 Bingo (DR) 2:30 Trivia Challenge (A) 3:30 History of Black History Month (A) 4:00 Spa Music & Hand Massages (A)  <i>Encore Dinner</i>	<b>11:00 Lunch Outing- Colonial Kitchen (O)</b> 2:00 Magazines & Manicures (A) 3:00 Learn to Play Sequence (A) 4:00 Finish the Phrase (A)	<b>1:00 Profiles in (Nonviolent) Courage-WU (A)</b> 2:00 Wine & Cheese Social (A) 2:30 Reminiscing Game (A) 3:00 Current Events (A) 3:30 Dominoes (A)
1:00 Flower Arranging (A) 2:00 Sunday Devotions (A) <b>3:00 Family Pie Social (L)</b> 3:30 Board Game Fun (A)	1:00 This Day in History (A) 1:30 Baking Club: Blueberry Muffins (A) 2:30 Blueberry Muffin and Tea Social (A) 3:00 Card Games (A) 4:00 Finish the Phrase (A)	1:00 Magazines & Manicures (A) <b>2:00 Food of the Month-WU (A)</b> 2:45 Darwin Day (A) 3:30 Create Valentine Cards (A) <b>5:15 Music with Gretchen (L)</b>	<b>10:00 Words of Hope (A)</b> <b>12:30 Tai Chi-WU (L)</b> 1:30 Discussion on Judy Garland (A) <b>2:00 Winter DIY Crafts-WU (A)</b> 3:00 Movie Showing: <i>Meet Me in St. Louis</i>	1:30 Bingo (DR) <b>2:30 Scrapbooking For Capturing Memories-WU (A)</b> <b>3:15 Valentine's Day Music with Gretchen (L)</b> 4:00 Uno (A)  <i>Valentine's Day</i>	1:00 Magazines & Manicures (A) 2:30 Funny Animal Videos (A) <b>3:00 Book Club-WU (A)</b> 4:00 Group Crossword (A)	<b>1:00 Cookies! Cookies! Cookies! WU (A)</b> 2:00 Tea Social (A) 3:00 Current Events (A) 3:30 Jeopardy (A)
1:00 Hand Massages (A) 2:00 Sunday Devotions (L) 3:00 Create Cards for Family (A) 3:30 Random Acts of Kindness Day (A) 4:00 Uno (A)	1:00 Kombucha Benefits (A) 2:00 Jeopardy (A) <b>3:00 Artist Appreciation Hour-WU (A)</b> 4:00 Presidential Discussion (A)  <i>Presidents' Day</i>	1:00 Magazines & Manicures (A) 2:00 Bananagrams (A) 3:00 Cookie Social (A) 4:00 Learn to Play Farkle (A)	1:00 Hot Cocoa & Reminiscing (A) <b>2:00 Resident Council Meeting (A)</b> 3:00 Mandala Coloring (A) 4:00 Uno/ Farkle (A)	<b>12:00 February Birthday Party (DR)</b> 1:30 Bingo (DR) 2:30 Upper Peninsula Discussion (A) 3:00 Sample Pasties (A) 4:00 Yahtzee (A)	1:00 Magazines & Manicures (A) 2:00 Create Margaritas (A) 3:00 National Margarita Day Celebration (A) 4:00 Categories (A)	<b>1:00 Profiles in (Nonviolent) Courage-WU (A)</b> <b>2:00 Family Frozen Yogurt Social (L)</b> 3:00 Board Games(A)
1:00 Flower Arranging (A) 2:00 Sunday Devotions (L) 3:00 National Tortilla Chip Day (A) 4:00 Finish the Phrase (A) 6:30 Oscar Night Red Carpet (L)	<b>1:00 Kalamazoo Valley Museum (O)</b> 2:30 Jeopardy (A) 3:00 Group Canvas Painting (A) 4:00 Dominoes (A)	1:00 Magazines & Manicures (A) 2:00 Create Veggie Pizza (A) 3:00 Mad Libs (A) 3:30 Veggie Pizza Social (A) <b>5:15 Music with Gretchen (L)</b>	<b>10:00 Words of Hope (A)</b> 1:00 Travelogue: Antarctica (L) 3:00 Celebrate National Polar Bear Day (A) 4:00 Endangered Species Discussion (A)	1:30 Bingo (DR) <b>2:30 Scrapbooking For Capturing Memories-WU (A)</b> 3:00 Men's Group: Happy Hour (L) 3:30 Holy Communion 4:00 Sequence (A)		

**ACTIVITY LOCATOR KEY**

- A-Activity Room
- L-Lounge
- D-Dining Room
- C-Courtyard
- O-Outing

# FEBRUARY 2019

*The Springs*