

Planning for the Future with Dementia



We all want to be in control of our lives and have the ability to make decisions about our future. Putting health care, financial, legal, and end-of-life plans in place is an important step you and your loved one can take together. It's important to share your wishes with family and friends, and have a voice while making decisions.

Here are five tips to help begin planning:

1. When you or a loved one begins struggling with memory loss or a dementia diagnosis, schedule a visit with your health care provider and discuss building a health care team.
2. Educate yourself and others about Alzheimer's and dementia. Learn about signs, symptoms, the difference between Alzheimer's and dementia, and more. Explore local resources and support groups.
3. Develop a support system, and don't hesitate to ask family and friends for help.
4. Consult with elder law professionals to create a smart financial and legal plan, and fill out legal documents that meet your wishes.
5. Create a flexible care plan that is responsive to the evolving needs of the person living with dementia or Alzheimer's.

An Empathy-Based Approach to Memory Care

At Bronson Place, our supportive and welcoming Memory Care neighborhood specializes in caring for individuals living with Alzheimer's disease and dementia. Certified through the National Council of Certified Dementia Practitioners, specially trained universal caregivers known as *Nayas* incorporate each resident into the rhythms of daily living, cultivating a deep sense of community, connection, well-being, and peace of mind for the entire family.

Coping with Your Loved One's Dementia

Watching someone you care about experience symptoms of Alzheimer's and dementia can be difficult and emotional, to say the least. You're not alone – we're here to answer your questions, and support you and your loved ones every step of the way.

Call our community at 269-382-3546 to learn more and request a private tour today.

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